

Rajiv Gandhi University of Health Sciences, Karnataka
Final Year M.D. / M.S. Ayurveda Degree Examination - 12-Mar-2025

Time: Three Hours

Max. Marks: 100 Marks

SWASTHAVRITTA AND YOGA - PAPER-IV (RS-3)

YOGA

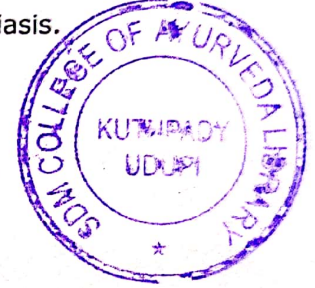
Q.P. CODE: 3544

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions

10 X 10 = 100 Marks

1. Write in detail about history and evolution of yoga with its different schools.
2. Describe in detail the classification, procedure and effects of shad-Kriyas.
3. Describe the mantra, Laya, Jnana and Bhakti yoga.
4. Mention the indicated and contra-indicated yogic practices in diabetes and hypertension.
5. Describe in detail the Panchakoshas.
6. Write the Yogik and Nature cure interventions for eczema and psoriasis.
7. What are the tools of Moksha, describe the Naishthiki chikitsa.
8. What are the basic principles of western schools of nature cure?
9. Discuss about different types of massage.
10. Write about "Mrittika Chikitsa".



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